

SOARING HIGH WITH SCHOOL SPIRIT & NEWS



THE MARVELOUS SOUTH SIDE IRISH PARADE

By: Jack Guinane

Sunday, March 16 at 12 o'clock PM was the start of the 2025 annual *South Side Irish Parade*. It started at 103rd street and Western right outside the Beverly Bank. Multiple schools including St. Cajetan, Most Holy Redeemer, and St. John Fisher marched in the parade. Other high schools including the Brother Rice Crusaders and the Marist Redhawks also marched in it. It almost reached freezing temperatures, it was 36 degrees Fahrenheit outside, but it felt like it was 22 degrees. Despite the low temperatures, thousands of people still showed up to watch. It was an amazing day to be Irish!



CUBS SPRING TRAINING



The Chicago Cubs spring training is underway at Sloan Park. The Cubs practice in Mesa, Arizona until the weather gets warmer here in Chicago. They will play a total of 25 games in Arizona, and 2 games in Tokyo, Japan. The Cubs kicked off the baseball season playing the LA Dodgers in Tokyo on March 18, but suffered 2 disappointing losses. The second game of the Tokyo Series averaged more than 23 million viewers making it the most watched sports game ever in Japan's history. The Cubs returned home Friday 3/19 to take on the Colorado Rockies in Mesa where they will continue playing the rest of the Cactus Series game. The Cubs are projected to have a great season!

By: Aidan Quinn | Luke Harrigan | Michael Hughes



News and What's Happening

Around Town | Creative Writing

My Restaurant Craze

By: Libbie Murphy

This month I am writing about around town. Some of my favorite Beverly restaurants are BUONA BEEF, Horse Thief Hollow, and Nicky's. I like BUONA BEEF's milkshakes, because if you are having a bad day their milkshakes can help you think positively and get you ready for the next part of your day. Horse Thief Hollow has the best mini flatbread pizza because I personally don't like a lot of tomato sauce on my pizza and Horse Thief Hollow is my kind of style for how I make my pizza. Nicky's has one of the best chicken tenders and ice cream flavors. I like their chicken because it is soft and makes you want to have more. Their ice cream is good because they have one flavor called birthday cake and it reminds you of blowing out your candles and opening presents! I hope I inspired you to come check out these Beverly restaurants!



Heaven In Haven

By: Evelyn Masnjak

This month's local business spotlight goes to Haven! Haven is owned by Laura Hayes and Amy Pilafas, two women from the neighborhood. During 2021, they decided to work together to create Haven.

This is a great store for all ages, they have decor, toys, accessories, candles, gifts, and more. Haven's decorations will match perfectly with any aesthetic and are switching out frequently to match the season. While the flowers are growing, so are the great items and sales at Haven. Right now, they have their Easter and Spring themed items on display.

I asked different customers questions about their different experiences at Haven.

"When I come here, my intention is to shop for someone else, but I usually buy myself something," said Anne-Marie about Haven.

"I learned about Haven when they hosted the Gemma Foods pop up a few years ago," said Cece when asked about her discovery of Haven. If you are in need of a touch of spring, make your way over to Haven.

Umpire Frank

By: Jack Hayes

It was a windy Monday night, and the boys of the Ridge Beverly Baseball League took the field for opening night. There sat the umpire Frank on the Home Depot bucket ready to call the game. A couple minutes later, the game started. It was Blue team VS. Red team. Frank was ready to break up any fights. The teams were rivals, so he knew to be on the look-out. At the top of the 6th, the Red team was up 4-3, two strikes, and 2 people on base, but the Blue team had the best pitcher in the league last season. When it was full count, the pitcher struck him out, and everyone was excited! At the bottom of the 9th Red team was up 5-4 with 2 strikes. All they had to do was get one more strike. Then a kid hit a NUKE out of the park! But a player on the Red team made a dive and caught it! The Red team won! After all, umpire Frank had a good time calling the first game.

How My Umbrella Saved the Day

By: Maxine McHugh

One day I was at the park with my friends. My mom warned me it was going to rain, so we all brought an umbrella with us. After we had been there for a while, it started to get very windy and the sky got dark. And before we knew it, it started to rain. Good thing we brought an umbrella with us! But then, it started to hail. My friends and I started racing home. On our way home we passed a pond and I saw some baby ducks with their mama. They looked like they were very scared of the hail! So I went over to the ducks and put my umbrella over their heads and we all shared my umbrella. Boy did they seem relieved! Within a few minutes, it stopped hailing and out came the sun and beautiful rainbow.

Spring Picnic: From a Bug's View

By: Reese Serpe

Ahhh! Oh, that was a close one! I almost got squished by a person. I am at a human picnic, and I am trying to find my friend, Kate. We have been best friends since we were born 12 days ago. We became adults today so we are celebrating with cake, cookies, or anything the humans drop on the ground. We got separated from each other when Joe the ant was bragging again about how he can hold things 50 times heavier than him. Oh, I think I see Kate! Nevermind, it was another bug. But, why are there so many bugs over there? Oh, it is just Susie the butterfly and Mike the fly having an eating contest again with their feet. I saw Maddy the caterpillar and she helped me finally find Kate with her 12 eyes.

News and What's Happening

Pop Culture | Contests

Radical 80's

By: Annabelle Enright

On Saturday, March 29th, the FSA is hosting the annual Father Daughter Dance at the Odyssey Country Club. This year's theme is the radical 1980's! The 1980's was a decade full of fashion, music, and fun! One of the most popular songs in the 1980's was "Eye of the Tiger," if you know what that is, you know! If you're wondering what the hairstyles were like in the 1980's then I can tell you! Women styled their hair with A LOT of volume and had perms. The higher the hair, the better! Men rocked slicked back styles, mullets, or feathered looks! The most selling toys for girls were Cabbage Patch Kids dolls and for the boys, it was Star Wars action figures! When you go to the movies I bet you don't watch E.T, but back in the day people watched E.T a lot. The movie made \$792.9 million! I hope you had fun learning about the radical 80's!



Contests

FINDING NEMO CONTEST

By: Ella Schiesl

Oh, hi there! I am coming at you with a contest! We will be highlighting artists of all levels. The winners will have the opportunity to have your drawing featured in our school's newspaper! Our theme is going to be Finding Nemo (in honor of the upcoming show. AMAZING, right?! This contest will take place April 1st-April 11th. To enter, all you have to do is submit your drawing to Mrs. A (4th grade teacher, room 212) by April 11th. Thank you so much and we can't wait to see your beautiful drawings!

MARCH MADNESS PREDICTION

By: Annie O'Malley

Good luck Falcons on your predictions. They will be reviewed, and the winner will be announced in the April Newspaper. Good Luck!

Leading Women

By: Avarie Drew



- 1851- First Woman to become a nurse, Florence Nightingale
- 1903- First Woman to win a Nobel Prize, Marie Curie
- 1920- Women were allowed to vote
- 1928, First Woman to win an Oscar, Janet Gaynor
- 1963- First Woman in Space, Valentina Tereshkov
- 1972- First Woman be a CEO, Katharine Graham
- 1981- First Woman on the Supreme Court, Sandra Day O'Conner
- 1987- First Woman in the Rock and Roll Hall of Fame, Aretha Franklin
- 2009- First Black Woman to be First Lady, Michelle Obama
- 2021- First Woman to become vice president, Kamala Harris

This timeline shows that women have come so far and that we can do anything we set our minds to. How will you make a change?

Religion

Third Grade St. Patrick's Day Mass

By: Nicole Fahey

Christ, be beside me, Christ be before me, Christ all around me, especially at the third grade mass. The third Grade Mass was very special and unique for the entire St. John Fisher community. This mass honored St. Patrick and was hosted on March 15, 2025 by the third grade students in Mrs. Regnier's and Mrs. Caulfield's classes. Participants of the 3rd grade class joined in celebrating the life of St. Patrick and the 3rd grade Irish dancers put on an entertaining show and nailed it! I remember when I was in third grade and I attended this annual mass, it was a great day to remember! Here are a few highlights from that faith-filled day.



Let's hear from the performers and audience. Here are some quotes from the 3rd grade students, teachers and parents along with their favorite moments!

First up, Patrick Buker said, "Speaking in front of all the people was his favorite part." Luke Harrigan thought reading the petitions made him "nervous but excited."

Next, our amazing third grade teachers shared their thoughts! "I thought they did wonderful, and it always makes me cry," said Mrs. Regnier. Mrs. Caulfield shared a challenge they faced while planning the big program. She said, "It was hard finding the perfect spots where the students needed to stand and move." It seems like their hard work paid off!

Fourth grade teacher and mom of a 3rd grader, Mrs. Reyes said, "They did an amazing job, and I loved the Irish dancing!" I'm proud that SJF hosts such a beautiful mass for the Beverly community! Be sure to catch it next year!

Lenten Reflection

By: Molly Warszalek

Some things that have been happening in the church are we have some new altar servers training for summer and the years ahead. Our altar servers are doing awesome! Some of our eighth graders made their confirmation. Congratulations! Our second graders made their first reconciliation in February too and we are so proud of them.

Lent



How are you doing in your Lenten journey? Are you feeling challenged or maybe eager? Well, whatever you are feeling you are doing great! Keep going you GOT THIS and like Mrs. Nash says "Don't quit, do it!"

Stop and Think!

Let's take a second to stop and think about our actions, people we want to pray for, and reminders. Have you been respectful to everyone and everything around you? It's ok if you didn't but you will get better and can. If you haven't been your best, it's okay. This is a time of forgiving and asking for forgiveness. This can be your first step towards achieving this goal.

Power of Prayer

Greetings SJF! I hope you're liking our school newspaper, it's cool, right? There are so many powerful ideas flowing in the newsroom. It's as powerful as prayer. OH! Let me tell you about the special prayers that will be in our newspaper. There will be a jar outside Mrs A's room, which is room 212. There are many different types of prayers. For example, you can share a prayer you've heard, a prayer for someone, or maybe just a prayer that is special to you! Then every month we will pick out of the jar and the 10 we pick will be the prayers of the month in our newspaper! You may ask why is prayer important? Prayer is important because it strengthens our relationship with God and prayer is always there when you need it through hard times or if you don't want the good times to end. An example would be a prayer of safety, health and protection for your sports team or even the opposing team. This is your opportunity to show thanks to God and help other people pray!

By: Fiona Carey



Perseverance

Trait of the Month



per-se-ver-ance

noun persistence in doing something despite difficulty or delay in achieving success

My Story of Persevering

By: Katherine Burg

Everyone should have perseverance. I had perseverance when I did not give up on a math problem. It was hard, so I read the problem twice, but it wasn't enough. I decided to read it for a third time and that really helped me. I finally understood it. I was able to solve the problem and I got it right! Never give up on hard things.

Check out these quotes on perseverance. If you are ever feeling like giving up, remember these to help you through life's challenges:

- 1.) "NEVER GIVE UP."
- 2.) "IT ALWAYS SEEMS IMPOSSIBLE, UNTIL IT'S DONE."
- 3.) "IT DOESN'T MATTER THAT HARD THINGS STOP YOU AS LONG YOU DO NOT STOP."
- 4.) "YOU CAN DO IT."

Future Principal's Reflection on Perseverance

By: Joanna Argyropoulos

Joanna: "What are your ups of being the future principal and what are your downs? How do you think you will persevere through them?"

Ms. Dunlavy: "That is a good question, Joanna. So, I think my up of being a principal is that I will have the chance to know every single student in the school. So that makes me really happy. One of the challenges that I would have to persevere through is that I will miss teaching math. I like doing homework club, I like doing SOAR and I also like doing all of the other things. I'll miss these things. BUT to persevere through it, I think I'll be busy. I know that a lot of things happen, and Mrs. Nash is really busy and does a super job of keeping things organized, so I hope I can be as good as she is and persevere through it."

Joanna: "What excites you the most about being principal?"

Ms. Dunlavy: "I love SJF, so I love being here. I love the families, the kids and I think that's what excited me the most is I learned so much from all of the students. Now I'll get to see everybody, and I also love working with the teachers. It'll be fun for me to work with every teacher, not just with the teachers on my floor."

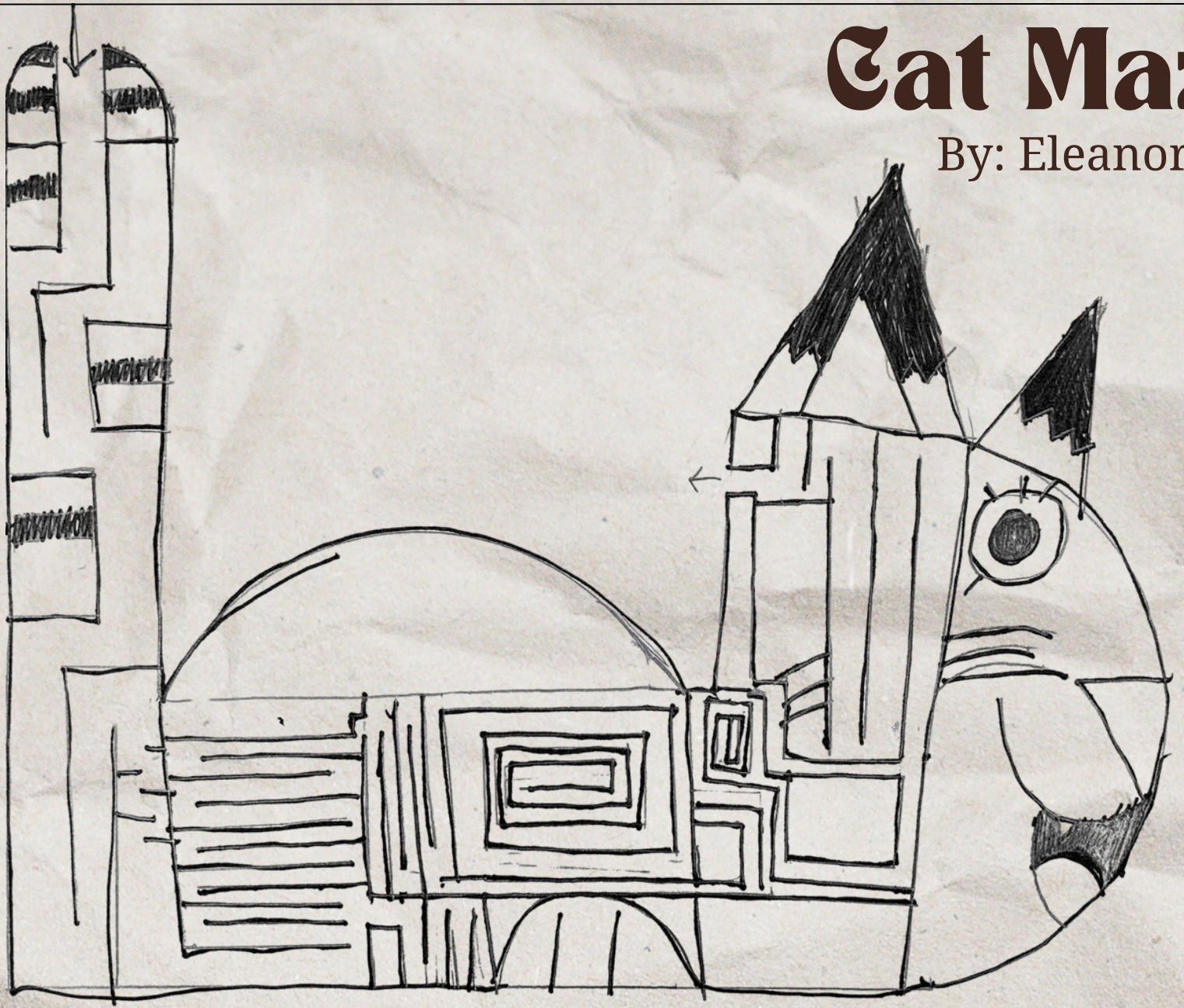
Joanna: "How can a student persevere when they feel discouraged or don't have confidence and how can you step into your power to help them?"

Mrs. Dunlavy: "That is a great question! I think for me, when I'm feeling discouraged, or I know that I'm trying and not giving up... for me, I try to ask God for help. I really think that's what I've learned through all of these many years I've been alive is that if I'm feeling down, there's two things that I think I can do. Number one is I try to pray, and I ask God to help me and that always makes me feel better. The second thing I do when I'm feeling like I don't have confidence or wondering if I'm, you know, doing a good job teaching something, I try to do something nice for someone else. I either try to give somebody a compliment or I like to try to help somebody and that always makes me feel better. I think that's how I like to persevere. Then, I think the best thing I can do when kids are struggling to persevere is to listen to them without trying to solve it or judge or anything like that. I just try to be a good listener so that I can help them, by listening. Sometimes we just need someone to listen to us."

Joanna: "Name three emojis to describe how you're feeling about principal."

Ms. Dunlavy: 🥰 😎 😊

Brain Break

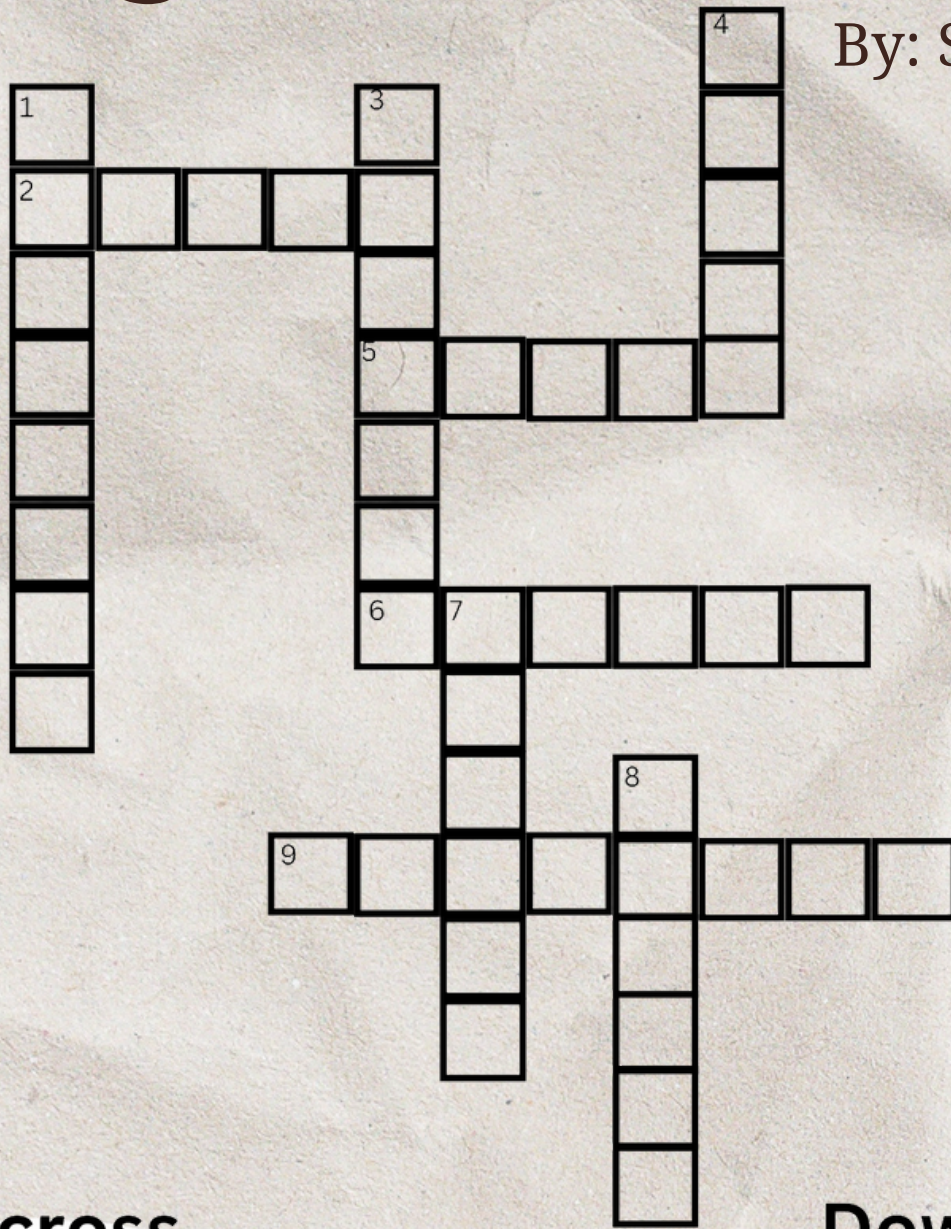


Cat Maze

By: Eleanor Bird

Spring Crossword Puzzle

By: Stella Argyropoulos



Across

- 2 the first full month of Spring
- 5 when air moves fast
- 6 to bud or grow
- 9 full of color

Down

- 1 a popular sport
- 3 smells beautiful and looks pretty
- 4 another word for drizzly
- 7 some people have allergies to this
- 8 when wind blows lightly

Brain Break Continued

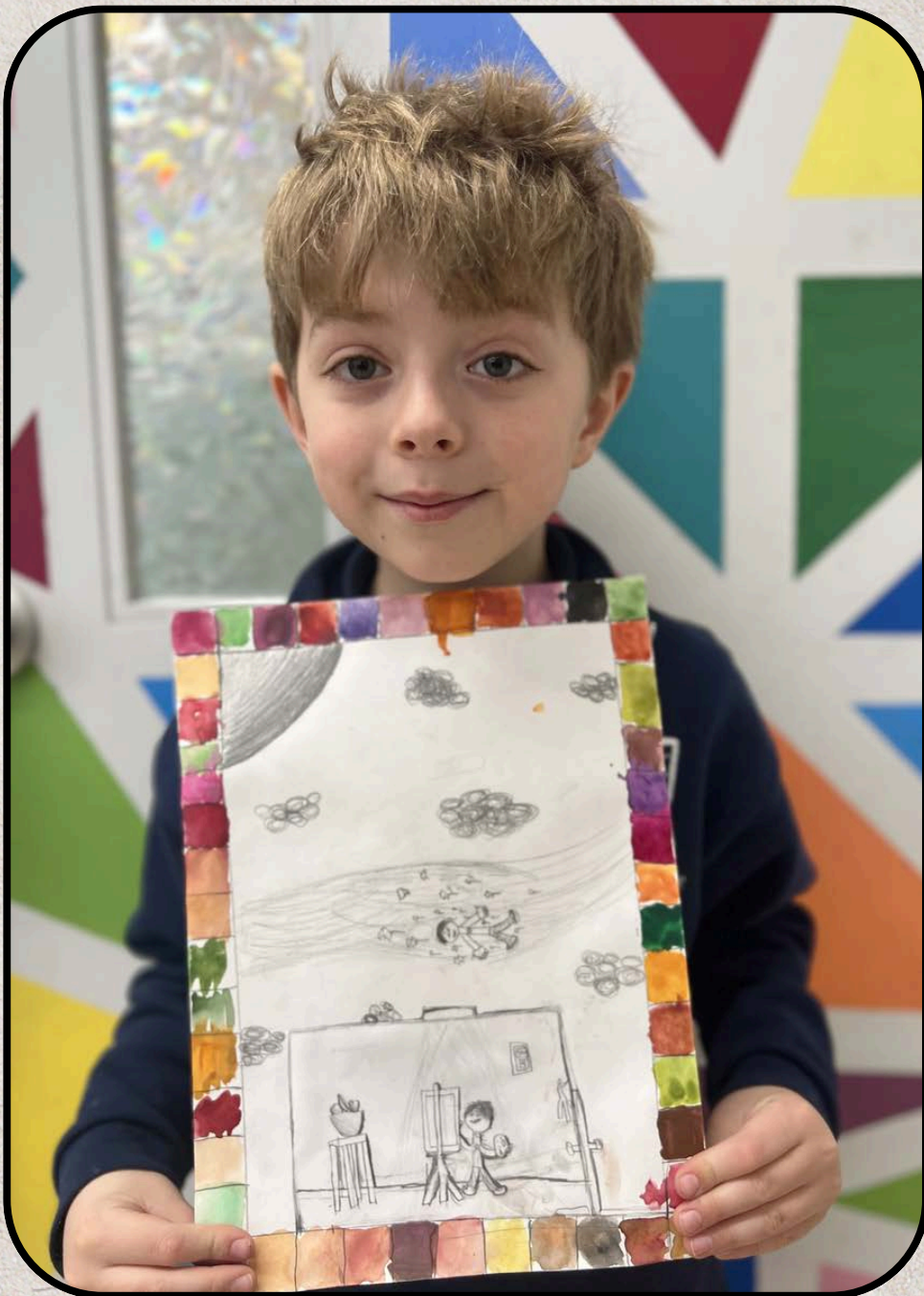
Riddle Me This

By: Maeve Kellam

1. I am full of holes but still hold water. What am I?
2. I am a cup but I do not hold water.
3. What has a head, & a tail, but no body?
4. I go up but never go down. What am I?
5. What has a head, & a foot, but not alive?
6. When you take more away from me I get bigger. What am I?
7. Which is heavier- a pound of feathers or a pound of bricks?
8. A cowboy came to town on Friday. He stayed for 2 days and left on Friday. How did that happen?
9. Jessica's mom has 3 daughters, their names are Sunday and Monday. What is the other daughter's name?
10. A dad has 5 daughters. One of them snuck out. Dad asked what they were doing at exactly 1:30. Emily says she was on a Facetime call with her friends. Jenny said she was reading a book. Molly says she was playing chess. Sophia says her friend came over to finish a school project. Isabelle was watching TV. Who was lying?
11. I have 5 fingers but I am not alive. What am I?
12. No one empties me but I don't stay full for long. What am I?
13. You can catch me but not throw me. What am I?
14. How can you add eight 4's together and get 500?

Answers: 1. a sponge 2. cupcake 3. a coin 4. your age 5. a bed frame 6. a hole 7. they both weigh a pound 8. the cowboy's horse is named Friday 9. the 3rd daughter is Jessica 10. Molly is lying, because chess is a 2-player game 11. a glove 12. the moon 13. A cold/illness 14. $44+44+44+44+44=500$

Creative Corner Artist of the Month



In February, for Black History Month, our 2nd graders read the book *Tar Beach* by Faith Ringgold with Mrs. Corley. They learned about Ringgold's quilting style and followed her story about a girl who daydreamed about freedom in her future. Teddy and the rest of the 2nd graders developed beautiful projects that depicted themselves flying over a scene that they hope and dream for their futures.

Teddy Robinson put so much thought and effort into his project. He carefully drew himself as an artist creating a still-life painting. His shading and attention to detail was extremely impressive to his classmates and Mrs. Corley. Teddy always comes into art class ready to listen to directions and eager to get started. He is a hard worker who develops his own ideas for how he would like to complete each project and puts in the effort to create art that he is proud of. Teddy is an inspiration for all artists at SJF. With a little hard work we can create great things!

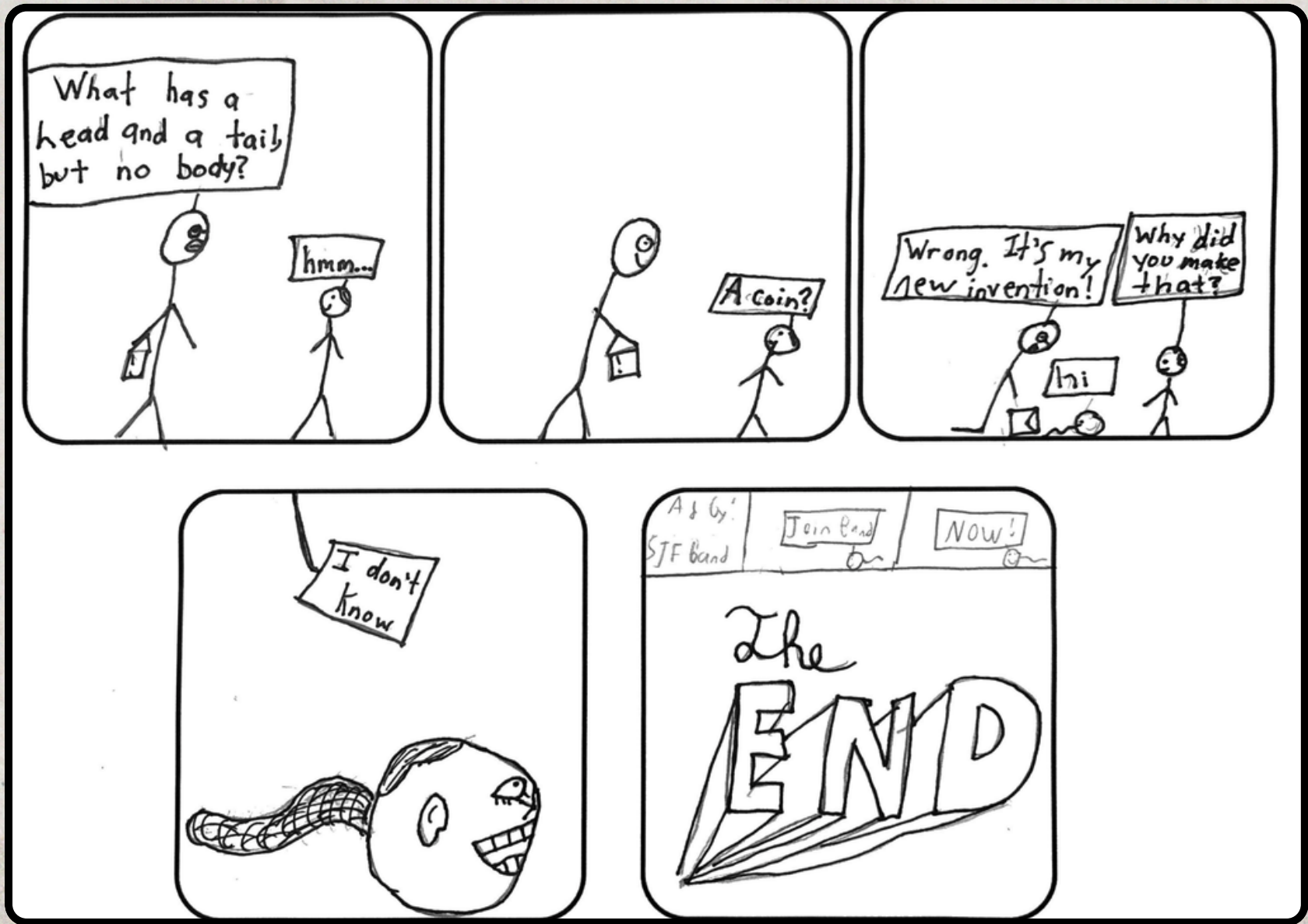
Teddy Robinson

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Comic Strip

Head-Tail

By: George Robinson



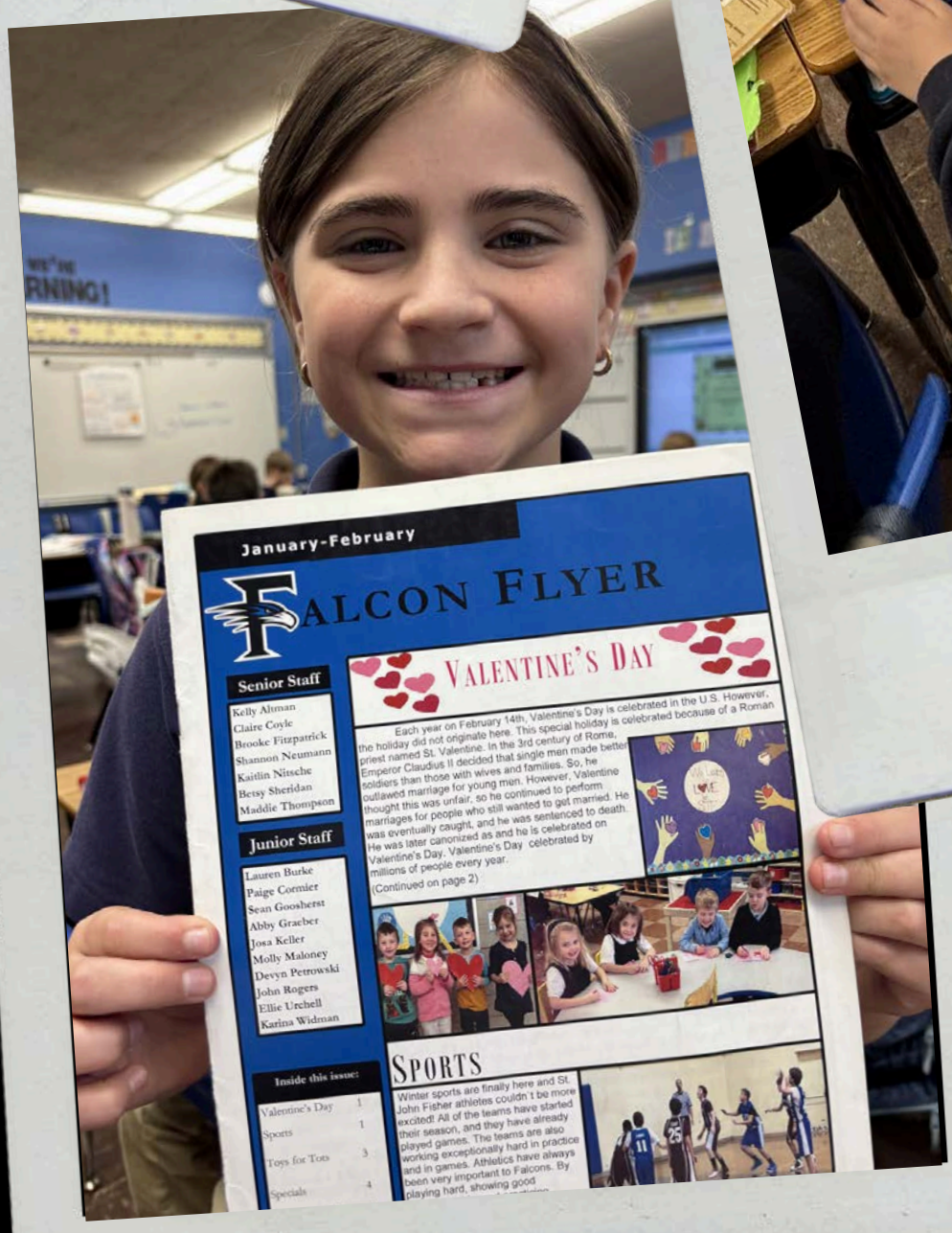
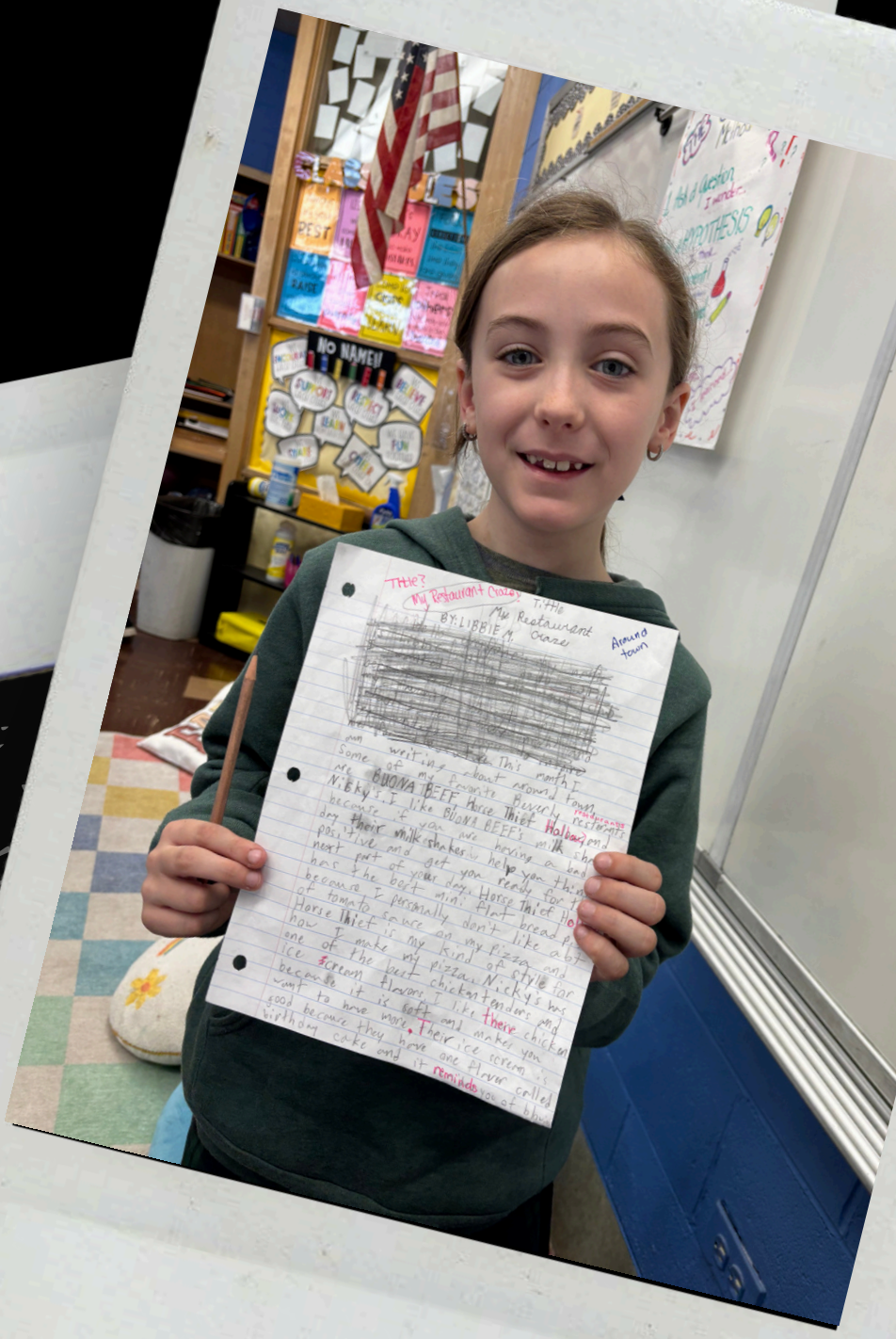
Play Ball

By: Liam Gallagher



STEP

INTO



YOUR

POWER

YOU DON'T WANNA *Miss* THIS OPPORTUNITY...



01

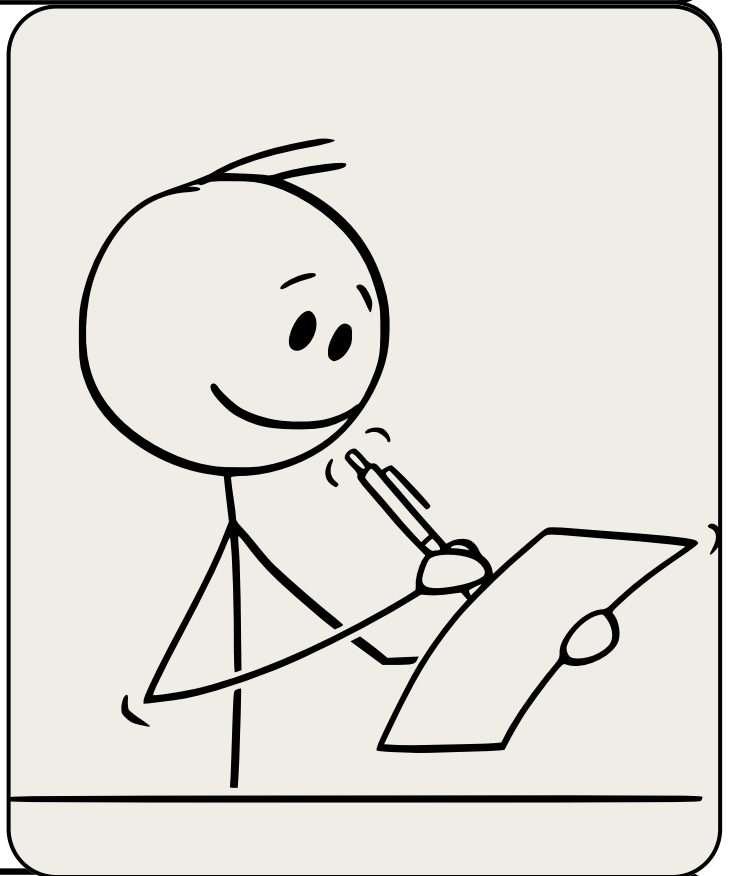
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We would LOVE your help but would LOVE even MORE to sponsor you or your business! Contact vargyropoulos@sjfschool.us if you are interested in sponsoring our school newspaper.

02

JOIN THE NEWSPAPER

Good news falcons! You can join in anytime! Please contact either Mrs. Regnier, Ms. Hladik, Mrs. Dunlavy or Mrs. A if you're interested. We would LOVE to have you!



03

CHECK US OUT ONLINE

Our newspaper will be available digitally! Be on the lookout for it in Nash's Notes.

